

ITBP Constable Barber & Washerman 2026 Exam Pattern/ Syllabus

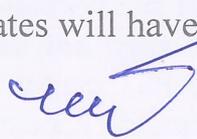
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6. SELECTION PROCESS:

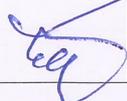
- a) Admit Cards to the candidates will be issued online mentioning the date and venue of recruitment test. Candidature of candidates who are issued online admit cards will remain provisional till they are finally selected and submit all related documents/certificates in original and in prescribed format at the stage of verification of original documents.
- b) **Candidates are required to bring a clear & legible print out of their online application form & admit card; else they will not be permitted to enter the venue of Physical Efficiency Test (PET) and Physical Standard Test (PST).**

Note:-

- (i) Before start of PET & PST, the candidates will undergo thorough verification of identity including Biometric capture.
- (ii) Biometric identification of candidates can also be verified at any stage of recruitment.
- (iii) **It is candidate's responsibility to check his hands before so that the biometric machines are able to capture the fingerprint image. In case, if the biometric machine is not able to capture the fingerprint image due to Mehndi, wax, etc. then, the candidate will not be allowed to appear in the examination.**
- (iv) **Failure in biometric verification at any stage will lead to cancellation of candidature.**
- c) Candidates will have to undergo the following recruitment tests:-



PHASE - I							
PHYSICAL EFFICIENCY TEST (PET)	<p>i) The events of the PET are as follows :-</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 10px;"> <tr> <td style="width: 50%; padding: 2px;">i) 1.6 Kms Race</td> <td style="padding: 2px;">To be completed within 7.30 minutes.</td> </tr> <tr> <td style="padding: 2px;">ii) Long Jump</td> <td style="padding: 2px;">11 Feet (03 Chances).</td> </tr> <tr> <td style="padding: 2px;">iii) High Jump</td> <td style="padding: 2px;">3½ Feet (03 Chances).</td> </tr> </table> <p>ii) No marks will be awarded for this test and PET shall be qualifying in nature. Candidates have to qualify each event of PET, those who do not qualify shall be eliminated.</p> <p>iii) There is no provision of appeal by a candidate who fails in any event of the Physical Efficiency Test (PET).</p> <p>Note:- PET will not be held for Ex-Servicemen. However, Ex-Servicemen will be required to qualify the requisite PST, Written Examination, Trade/Skill Test and Medical Examination.</p>	i) 1.6 Kms Race	To be completed within 7.30 minutes.	ii) Long Jump	11 Feet (03 Chances).	iii) High Jump	3½ Feet (03 Chances).
i) 1.6 Kms Race	To be completed within 7.30 minutes.						
ii) Long Jump	11 Feet (03 Chances).						
iii) High Jump	3½ Feet (03 Chances).						
PHYSICAL STANDARD TEST (PST)	<p>(i) Candidates who qualify Physical Efficiency Test (PET) will be screened for Height, Chest and Weight measurements. Those who do not meet the required physical measurement as applicable will be eliminated at this stage. The Candidates who are declared not qualified in Physical Standard i.e. height & chest (as applicable) may prefer an appeal on same day, if they so desire, to the Appellate Authority nominated for the centre, through Presiding Officer. The decision of the Appellate Authority will be final and no further appeal or representation in this regard, will be entertained.</p> <p>ii) Underweight/Overweight candidates will be allowed to participate in the next stage of recruitment and shall not be debarred at PST stage. The final decision on fitness/unfitness due to underweight/overweight will be decided at the time of Detailed Medical Examination (DME) based on the weight and age on the day of DME and the height as measured by the PST Board.</p> <p>iii) Rejection Slip to the candidates who are less in height and chest will be issued at the time of PST. Board shall ensure that measurement is mentioned in writing in the Rejection Slip. In case, if any candidate is not satisfied with the physical measurement recorded by the Board, he may make a representation/appeal in writing to the Presiding Officer of the Recruitment Board on the same day for re-measurement. In such case, the physical measurement of aggrieved candidate(s) shall be measured by the Presiding Officer (PO) himself and shall dispose off the representation/appeal immediately in writing to the candidate then and there. In case, any candidate refuses to sign or leaves the PST centre without signing the rejection slip, the Presiding Officer should endorse the remarks in the rejection slip as “candidate refused to sign/candidate left without receiving rejection slip/candidate did not turn up to receive rejection slip” and same may be kept in record properly having duly signed by the Presiding Officer of the Board.</p>						



PHASE - II

Written Examination
(50 Marks)

(i) The candidates who qualify Physical Standard Test (PST) will have to undergo Written Examination. Admit cards to the candidates, will be issued online by mentioning date and venue of the Written Test. Candidates have to download online admit card from ITBPF recruitment website i.e. <https://recruitment.itbpolice.nic.in>

(ii) The written examination carrying 50 marks will consist of objective type Multiple Choice Questions. However, pattern of written test i.e. OMR or Computer Based Test (CBT) will be at the discretion of Secretariat Security Force (SSF)/ITBP. The pattern of question paper for OMR/CBT based written examination will be as under:-

50 Questions (Objective type), Time – 1 Hour		Maximum Marks– 50	
Sl. No.	Subject	No. of questions	Marks
a)	General awareness/General knowledge	15	15
b)	Knowledge of elementary Mathematics	10	10
c)	Analytical aptitude and ability to observe and distinguish patterns.	15	15
d)	Basic knowledge of the candidates in English/Hindi	10	10
Total		50	50

Note : There shall be 10 questions for Hindi and 10 questions for English. Candidates will have an option to attempt 10 questions in either of the language i.e. either in Hindi or in English.

Note:

i) Answer Key of the question papers will be uploaded on ITBPF recruitment website i.e. <https://recruitment.itbpolice.nic.in> after the written examination is completed.

ii) Candidates are not permitted to use Mobile phone, calculators or any other electronic/electrical device. Possession of these items, whether in use or not, will be considered as “**use of unfair means**” in the examination and appropriate action will be taken against such candidates.

iii) The minimum cut-off percentage of marks for qualifying in written examination will be as follows :-

UR & Ex-Servicemen category	: 18 Marks
SC & OBC category	: 17 Marks



iv) There shall be no provision for re-evaluation/re-checking of scores. No correspondence in this regard shall be entertained.

v) **There will be no negative marking.**

PHASE - III

**TRADE TEST
(50 MARKS)**

Candidates, who qualified the written examination, to the tune of **ten times** category-wise vacancies will be called to appear in Trade Test on the basis of marks secured in written examination. Each candidate will be allowed to appear for one trade test only as applied in the online application form. This trade test will carry 50 marks and **qualifying marks shall be 50% for all categories.** However, the trade test will be qualifying in nature only and the criteria of trade test is as under :-

Name of Post	Activity	Max. Marks
Constable (Barber)	Hair cutting of various types.	20
	Body/head massage.	15
	Knowledge about use of tools/machines used in the trade work.	15
	Total =	50
Constable (Washerman)	Washing of various types of clothes.	15
	Ironing of clothes.	10
	Knowledge about dry-cleaning of clothes.	10
	Knowledge about use of various detergents/washing powders, soaps etc. and their use in correct quantity.	15
	Total =	50

MERIT LIST

(i) After completion of Written Examination, merit lists in each category namely UR, SC and OBC (NCL) and Ex-serviceman will be drawn on the basis of marks obtained by the candidates in the Written Examination. On the basis of merit, the candidates shall be shortlisted for **Verification of Original Documents and Detailed Medical Examination (DME)** as per the category wise vacancies. Extended list in each category shall also be prepared to cover the shortfall due to failure of candidates in documentation, Detailed Medical Examination and Review Medical Examination (RME). However, **there shall be no reserve list.**

(ii) SC & OBC candidates who are selected on their own merit without relaxed standards, will not be adjusted against the reserved share of vacancies. Such SC & OBC (NCL) candidates shall be accommodated against the General/Un-reserved vacancies as per their position in the overall Merit List. The reserved vacancies will be filled up separately from amongst the eligible SC & OBC (NCL) candidates who are lower in merit than the last General

	candidate on Merit List of un-reserved category, but otherwise found suitable for appointment even by relaxed standard.
RESOLUTION OF TIE CASES	<p>a) In case of tie in marks, the candidate older in age will be higher in merit.</p> <p>b) If the tie still persists, the candidate whose name comes first in the alphabetic order (English) will be kept higher in the merit list.</p> <p>c) The Merit List will be approved by the Nodal Officer. Thereafter, list of candidates shortlisted for verification of original documents and DME/RME will be uploaded on ITBP recruitment website.</p>
PHASE – IV	
VERIFICATION OF ORIGINAL DOCUMENTS	<p>The candidates will be shortlisted in order of merit in each category will be put through verification of Original Documents. Testimonials of the candidates will be checked before Detailed Medical Examination (DME). Original documents will be returned on the spot after verification and self attested copies of certificates will be retained with the application. Original copy of following documents will be required for verification :-</p> <p>(i) Educational Certificate(s) .</p> <p>(ii) Matriculation or 10th Class Certificate for verification of DOB.</p> <p>(iii) Professional/Experience certificate, if any;</p> <p>(iv) Scheduled Caste (SC) Certificate as per Annexure-‘I’, OBC certificate as per Annexure-‘II’ (if belonging to any of these categories) issued by an authority not lower than Tehsildar or SDO. Certificates obtained in any other format will not be accepted. Candidates claiming OBC status may note that certificate on non creamy layer status as per Annexure-‘II-A’ should have been obtained within three years before the closing date i.e. 28th April, 2026 (28/04/2026).</p> <p>(v) Persons serving in Government Services applying for the post are required to furnish “No Objection Certificate” in original as per Annexure-‘III’ issued by their employer at the time of physical verification of documents. Candidates who fail to submit N.O.C. at the time of documentation, shall be summarily rejected.</p> <p>(vi) Certificate as per Annexure ‘IV’ for claiming relaxation in height & chest (if applicable).</p> <p>(vii) Domicile Certificate issued by local revenue authorities or PAN Card or Aadhar Card or Driving License or Voter Card etc. for verification of citizenship. In case of West Pakistani Refugees</p>

	<p>settled in Jammu and Kashmir (UT), they are required to produce Certificate in the format attached as Annexure-‘V’ issued by the Sarpanch/ Numberdar of the candidate’s village to the effect that the person belonged to the West Pakistani Refugees Category, along with a copy of Electoral Roll showing the name of the candidate in the voter list for elections to the Parliamentary Constituency.</p> <p>(viii) Discharge certificate in case of Ex-Servicemen.</p> <p>(ix) Eight latest passport size photographs.</p> <p>(x) The Board is competent to take final decision in accepting/rejecting candidature of the candidate, if he does not produce certificates as required on his behalf in support of educational qualifications & age.</p> <p>(xi) Candidates failing to qualify at the stage of documentation shall be eliminated from this stage and rejection slip as format (Annexure-‘VII’) shall be issued by the Presiding Officer.</p>
<p>DETAILED MEDICAL EXAMINATION (DME)</p>	<p>Only those candidates who qualify in the documentation will be required to undergo Detailed Medical Examination (DME) to assess their fitness. The Detailed Medical Examination (DME) of the candidates will be conducted in terms of Uniform Guidelines for Recruitment Medical Examination for GOs and NGOs in CAPFs and AR issued vide MHA U.O. No. A.VI-1/2014-Rectt(SSB) dated 20.05.2015 and A.VI.I/14-Rectt(SSB) dated 24.08.2015 and as amended from time to time by the Government.</p>
<p>REVIEW MEDICAL EXAMINATION (RME)</p> 	<p>i) Candidates declared unfit during Detailed Medical Examination (DME) will be allowed to undergo Review Medical Examination (RME), provided they give their written consent by appending their signature on the intimation indicating the reasons for being unfit as per Annexure-‘VI’.</p> <p>(ii) The candidates who have been declared unfit in DME will be briefed about the procedure for filing an appeal for RME at the venue.</p> <p>(iii) The RME will be conducted in continuation to DME on the appeal by the candidate for re-medical in order to rule out any possibility of an error of judgment in the decision of the Recruiting Medical Officer in the DME. The candidate needs to be declared fit by DME or RME board (as applicable) on the date of Medical examination in all aspects as per Medical Guidelines issued by MHA/Government of India.</p> <p>(iv) The RME of candidates will be conducted in continuation of DME preferable on the next day of DME. The consent for RME</p>

as **Annexure-‘VI’** duly signed by the candidate should be submitted within **24 hours** after he is informed of his unfitness in DME.

(v) The decision of ITBPF Board of Medical Officers shall be final for declaring a candidate Fit or Unfit in DME/RME.

vi) There will be no provision of **“Temporary Unfit”**. Medical Officer should give his verdict as **“FIT”** or **“UNFIT”** in respect of each candidate.