

Indian Army JAG 24th Entry Physical Eligibility Details 2019

Male Average Weight In Kilograms For Different Age Group And Heights

Height in Centimeters (Without shoes)	18 years Weight in Kgs.	20 years Weight in Kgs.	22 years Weight in Kgs.
152	44	46	47
155	46	48	49
157	47	49	50
160	48	50	51
162	50	52	53
165	52	53	55
168	53	55	57
170	55	57	58
173	57	59	60
175	59	61	62
178	61	62	63
180	63	64	65
183	65	67	67
185	67	69	70
188	70	71	72
190	72	73	74
193	74	76	77
195	77	78	79

Female Average Weight In Kilograms For Different Age Group And Heights

Height in Centimeters (Without shoes)	20 years Weight in Kgs.	25 years Weight in Kgs.	30 years Weight in Kgs.
148	39	41	43
150	40	42	43.5
153	42	43.5	45
155	43	44	46
158	45	46	48
160	46	47	49
163	47	49	51
165	49	51	53
168	50	52	54